

Chianti Cooking



and Tuscany Spa Retreat

Immerse yourself in the timeless Tuscan lifestyle as you begin your journey steeping in the romantic beauty and history of Florence. Travel deep into the Tuscany countryside to the forested area of Chianti where life is tranquil and the views are endless. A lovely farmhouse at the Podere Ciona Vineyard will be your home as you learn to cook favorite regional dishes in a country kitchen. Your days will be filled with visits to nearby picturesque villages as well as the magnificent medieval city of Siena. Venture further south into Tuscany where one of nature's wonders, a natural hot spring has been lovingly nurtured in the tiny village of Bagno Vignoni. Your luxurious stay at the Adler Spa Resort offers total relaxation, superior fitness and spa services, great cuisine and outstanding views.

Tour Begins September 2010 in Florence, Italy • Limited to 8 Guests
 \$3950⁰⁰ USD Based on Double Occupancy • Single Supplement Charge \$600
DEPARTURE GUARANTEED WITH MINIMUM FIVE PERSONS

INCLUDED IN THIS TOUR

Most meals: Daily Breakfast, 3 Lunches, 6 Dinners
 Superior hotel/resort; charming farmhouse
 All entrance fees to guided sightseeing activities and wine tasting
 Cooking class (2); all local transportation
 Regional wine with dinners included on itinerary
 Full-time tour leader and local professional guide

EXCLUDED

Alcoholic beverages (except regional wine as described in itinerary)
 Personal purchases
 Charges to hotel room such as phone, room service, laundry, spa services, Internet, etc.
 Gratuity to local professional guide
 International airfare; transfer to Florence hotel
 Travel Insurance

See other side for detailed itinerary

ITINERARY

Day 1 Welcome to Tuscany

Arrive in beautiful Florence then transfer to the forested hills of the Chianti region in time to enjoy wine tasting at your vineyard farmhouse. Enjoy a relaxing dinner in a nearby village while you get acquainted with your fellow travelers. **D**

Day 2 Chianti Charm and Cooking

Meet your Tuscan guide during breakfast to learn about the week's activities, then learn about olive oil from a local producer. Visit the convent of Osservanza and while exploring the delightful Chianti countryside. You will have the opportunity to shop for artisan pottery before returning to your vineyard home to create your first regional dinner in a country kitchen! **B, D**

Day 3 Meleto Castle

Leisurely walk through the beautiful Chianti countryside to visit Meleto Castle and enjoy wine tasting and lunch. Visit several other villages in the forested hills of Chianti before returning for your second cooking lesson with the Tuscan Mamas. **B, L, D**

Day 4 Sensational Siena

Enjoy a scenic drive to Siena for a guided tour of this magnificent medieval city, then lose yourself in Pienza's charm with its beautiful duomo, breathtaking views and famous pecorino cheese. From here, walk through the meandering countryside to the luxurious Adler Thermae Spa Resort where you will stay for the next two nights. **B, D**

Day 5 Brunello Wines

Stroll through beautiful olive orchards and vineyards, the setting for our lunch and wine tasting in the Val d'Orcia. Continue to the 9th century Romanesque Sant'Antimo Abbey in time to hear their Gregorian chants. Take time to relax and enjoy your beautiful spa resort - complete with indoor and outdoor thermal pools, herbal, salt or Finnish steam sauna, Turkish bath, fitness center, and under-ground salt bath! **B, L, D**

Day 6 Taste of Florence

Transfer to Florence in the afternoon and settle in your room located in the historic area of the city. Indulge in a culinary tour of this enchanting city to learn about the many delicacies found here. Enjoy the afternoon and evening to explore on your own. **B**

Day 7 Florence, Close Up and Personal

Stroll through Florence with your professional guide to explore its glorious architecture and history. Visit the famed Uffizi Gallery, home to some of the most famous works of art in the world. Reminisce during a farewell dinner at a local trattoria. **B, D**

Day 8 Arrivederci!

After breakfast, transfer to Florence Airport for your departure home. **B**

B = Breakfast / L = Lunch / D = Dinner

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